

Catholic Youth Outreach West Bend – 2024 Nashville Mission Trip FAQ's

When is the Nashville Alive in You mission trip? June 24-30, 2024 (leave Monday PM, return late Sunday evening)

Who can go on the trip?

Any teen who has completed 8th grade up through graduating high school seniors (as of June 2024)

Who is Alive in You?

Alive in You is a family-owned and operated company based in Arkansas that has provided Catholic mission camps for almost 20 years. As an organization, they run only one mission trip per week, so they are able to offer every resource they have to that one camp. The week offers an experience that includes a variety of service work and a Catholic conference in which teens get to learn more about their faith in a communal setting, including adoration and daily Mass. There is also some time built into the week for the participants to explore the town they are serving.

Where do we stay?

We will stay at a school in the Nashville area, exact location TBD.

How will we get there?

We will travel together in one coach bus the whole week. We'll make a couple of rest/food stops along the way between Holy Angels and Nashville, and likewise on the way back.

What will we do when we get there?

We will have a variety of experiences in Nashville; each day will consist of prayer, service, time for reflection, and a lot of fun! We will serve at one or more locations during the week, either serving people directly (day care, soup kitchen, thrift store), or indirectly (painting, yardwork, home repair). We spend time reflecting on our service work each day both in our work groups and as a large group during Parish Time, which is part of our evening program. We also sample some local cuisine (read: Nashville hot chicken) and take a little time to explore the city (it is Music City, after all).

Why should I go?

It is true that service work can (and should) be done wherever we are, including right here at home, which we can do at any time (including our CYO WB Mission Camp service week during the summer). Mission trips are about more than service work though; they are an experience to help us grow in faith and community in a different way than we can do while in our familiar day-to-day surroundings. We may step a little bit out of our comfort zone, but that's how we grow. Ask anyone who has been on a mission trip, no matter where they have gone – they will probably share their unique experience with you and encourage you to have one of your own!

Cost: \$350 (\$100 non-refundable deposit will hold the spot), includes a CYO WB t-shirt

A special note to adults:

We need a few adult leaders (does that mean YOU?) to accompany our teens during this week-long experience, so please pray about this! No special training required (other than the Archdiocese-mandated safe environment training, of course), just the willingness to hang out with teens for a week and actively live out your faith through serving others. As a way to thank you for your time, there is no cost for adult leaders to be part of this mission trip.

How to register (for teens and adult leaders): **Registration goes live at 9:00am on Wednesday, December 6**

Trip registration will all be done online via the CYO WB website, www.hawb.org/outreach. Please understand that this is a first-come, first-serve signup (up to 30 teens). Payment for teens' spots can be made on the website or by check, payable to Holy Angels, with "CYO 24 Registration" in the memo line.

Parish contacts:

Holy Angels – Brian Mase – maseb@hawb.org or 262-343-2370

St. Mary's and St. Frances Cabrini – Mary Abel – mabel@wbparishes.org or 262-338-5605

Catholic Youth Outreach West Bend – 2024 Cincinnati Mission Trip FAQ's

When is the Cincinnati Tau House mission trip? July 28-August 2, 2024 (leave Sunday AM, return Friday evening)

Who can go on the trip?

Any teen who has completed 8th grade up through graduating high school seniors (as of June 2024)

Where do we stay?

We stay at the Tau House, a converted 3-story convent in the St. Bernard neighborhood of Cincinnati. The main floor has a full kitchen where we will prepare our meals, a dining room where everyone eats in community, and a large gathering area for discussions and large group free time with a variety of games available. The upper two floors (one for guys and one for girls) have several bedrooms each that have 2-6 beds, fans, and a sink. Community bathrooms are also located on each sleeping floor.

How will we get there?

We will travel in assigned van groups; each van will have 4-5 teens and 2 adults. We use vans because in Cincinnati, we are assigned to our work sites by the Tau House in small groups as opposed to one large work group, and the vans make it easier to travel to our work sites and back each day. Our vans will travel in a caravan, making a couple of rest/food stops along the way between Holy Angels and the Tau House, and likewise on the way back.

What will we do when we get there?

We will have a variety of experiences in Cincinnati; each day will consist of prayer, service, time for reflection, and a lot of fun! We will serve at a different community organization each day, either serving people directly (day care, soup kitchen, thrift store), or indirectly (painting, yardwork, home repair). We spend time reflecting on our service work each day both in our van groups and as a large group. We also sample some local cuisine (read: Skyline Chili, Graeter's Ice Cream) and take a little time to explore the city (oh yes, there will be fun!). Thanks to our friends in Hamilton County, we also have access to a community pool very nearby the Tau House to cool off on those hot summer afternoons!

Why should I go?

It is true that service work can (and should) be done wherever we are, including right here at home, which we can do at any time (including our CYO WB Mission Camp service week during the summer). Mission trips are about more than service work though; they are an experience to help us grow in faith and community in a different way than we can do while in our familiar day-to-day surroundings. We may step a little bit out of our comfort zone, but that's how we grow. Ask anyone who has been on a mission trip, whether it's to Cincinnati or somewhere else – they will probably share their unique experience with you and encourage you to have one of your own!

Cost: \$350 (\$100 non-refundable deposit will hold the spot), includes a CYO WB t-shirt

A special note to adults:

We need a few adult leaders (does that mean YOU?) to accompany our teens during this week-long experience, so please pray about this! No special training required (other than the Archdiocese-mandated safe environment training, of course), just the willingness to hang out with teens for a week and actively live out your faith through serving others. As a way to thank you for your time, there is no cost for adult leaders to be part of this mission trip.

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Trip registration will all be done online via the CYO WB website, www.hawb.org/outreach. Please understand that this is a first-come, first-serve signup (up to 20 teens). Payment for teens' spots can be made on the website or by check, payable to Holy Angels, with "CYO 24 Registration" in the memo line.

Parish contacts:

Holy Angels – Brian Mase – maseb@hawb.org or 262-343-2370

St. Mary's and St. Frances Cabrini – Mary Abel – mabel@wbparishes.org or 262-338-5605